

Day 1: Friday, 5th June 2026 – Arrival in Tirana

- The Plan: Arrive at Tirana International Airport (TIA). Transfer to your hotel

Day 2: Saturday, 6th June 2026 – Explore Tirana

- The Plan: A full rest day to explore the vibrant, colourful capital of Albania before the hard work begins. Build/prepare the bikes, and have a team briefing
- Things to See: * Skanderbeg Square: The heart of the city.
- Et'hem Bey Mosque: A beautiful, historic mosque right on the main square with stunning frescoes.
- Bunk'Art 2: A fascinating museum built inside a massive Cold War-era nuclear bunker.
- Grand Park of Tirana: Perfect for a light afternoon stroll to stretch the legs.

Day 3: Sunday, 7th June 2026 – Cycle Day 1: Tirana to Shkodër (Albania)

- Distance: 105 km (65 miles)
- Elevation Gain: 300 m (984 ft)
- The Ride: A relatively flat and fast day to ease the team into the challenge. You'll ride north through agricultural plains.
- Things to See (Shkodër): The historic Ebu Bekr Mosque and the pedestrianized Kole Idromeno Street (perfect for post-ride coffee). Don't miss the epic Rozafa Castle perched high above the city.

Route: <https://www.strava.com/routes/3466828469105476336>

Day 4: Monday, 8th June 2026 – Cycle Day 2: Shkodër to Nikšić (Montenegro)

- Distance: 120 km (75 miles)
- Elevation Gain: 1,071 m (3,514 ft)
- The Ride: You will cross the border into Montenegro at Hani i Hotit, riding alongside the spectacular Lake Skadar. The route rolls through the capital, Podgorica, before a steady afternoon climb up the Zeta River valley toward Nikšić.
- Things to See (Nikšić): Trebjesa Hill (great views) and the Emperor's Bridge (Tsarev Most), a stunning stone bridge just outside the city.

Route: <https://www.strava.com/routes/3466842297139598064>

Day 5: Tuesday, 9th June 2026 – Cycle Day 3: Nikšić to Plužine (Montenegro)

- Distance: 58 km (36 miles)
- Elevation Gain: 1,035 m (3,396 ft)
- The Ride: A shorter day in distance, but heavy on climbing and scenery. You'll ride through the remote Montenegrin highlands before an absolutely breathtaking, twisting descent (through tunnels carved into the rock) down to Lake Piva.
- Things to See (Plužine): Lake Piva is the star here. Its impossibly turquoise waters are stunning. Have a team dinner by the lake.

Route: <https://www.strava.com/routes/3466840604765237452>

Day 6: Wednesday, 10th June 2026 – Cycle Day 4: Plužine to Foča (Bosnia & Herzegovina)

- Distance: 72 km (45 miles)
- Elevation Gain: 1,492 m (4,895 ft)
- The Ride: Prepare for one of the most beautiful canyon rides in Europe. You'll follow the Piva River canyon to the Šćepan Polje border crossing into Bosnia. From there, you follow the Drina River valley into Foča.
- Things to See (Foča): The spectacular Aladža Mosque (The Painted Mosque). Originally built in 1550, it was destroyed in the 1990s but has been masterfully rebuilt and restored.

Route: <https://www.strava.com/routes/3466859651533787166>

Day 7: Thursday, 11th June 2026 – Cycle Day 5: Foča to Sarajevo (Bosnia)

- Distance: 78 km (49 miles)
- Elevation Gain: 1,091 m (3,580 ft)
- The Ride: The final push! You'll start by following the Bistrica River before tackling the major climb of the trip up toward the Trnovo plateau. Once you crest the summit, you are rewarded with a long, triumphant descent straight into the heart of Sarajevo.

Route: <https://www.strava.com/routes/3466844626863551692>

Day 8: Friday, 12th June 2026 – Sarajevo & Jumu'ah

- The Plan: A deeply rewarding day to soak in the history of the "Jerusalem of Europe."
- Jumu'ah: Attend Friday prayers at the majestic Gazi Husrev-beg Mosque, the most important Islamic structure in the country, built in 1530.
- Things to See: * Baščaršija: The historic Ottoman-style wooden bazaar (perfect for souvenir shopping and eating Ćevapi).
- The Latin Bridge: The site of the assassination of Archduke Franz Ferdinand, which triggered WWI.
- Tunnel of Hope: A short taxi ride away, this museum shows the tunnel that kept the city alive during the 1990s siege.

Day 9: Saturday, 13th June 2026 – Departure

- Transfer to Sarajevo International Airport (SJJ).
- Fly back to the UK, in sha' Allah, with lifelong memories and plenty of funds raised.